

## Shuksan Dinner Menu



**Shuksan Middle School Cafeteria**  
Monday through Thursday Aug 28th through June 6th, 5 to 6 p.m.

*All children under 18 can come in for a free hot meal. It does not matter what school you attend. Meals come with milk, fruit, and veggies. Adults may purchase a meal for \$4 (cash or check).*

**MEALS MUST BE EATEN ON SITE.**

# December 2017

Mon	Tue	Wed	Thu
<b>4</b> Chicken Burger* on WG Bun <b>40g</b> with Fries/ Wedges <b>41g</b>	<b>5</b> WG Chicken Yakisoba** <b>52g</b> With Spring Roll <b>18g</b> and Fortune Cookie <b>5g</b>	<b>6</b> WG Pizza, Cheese or Pepperoni* <b>47g</b> , with Caesar Salad <b>9g</b>	<b>7</b> <b>NO DINNER Early Release</b>
<b>11</b> All Beef Hot Dogs* on WG Bun <b>54g</b> with WG SunChips <b>18g</b>	<b>12</b> WG Chicken Nuggets* <b>13g</b> with WG Garlic Toasts <b>24g</b> and Tater Tots <b>32g</b>	<b>13</b> Cheeseburger* on WG Bun <b>26g</b> with Fries/Wedges <b>41g</b>	<b>14</b> WG Cheese-Filled Breadsticks* <b>45g</b> with Marinara Sauce <b>7g</b> and Caesar Salad <b>9g</b>

**NO DINNER**  
**Winter Break Dec 18– Jan 1**

WG= Whole Grain Rich

\*Indicates product with CN Label or Product Formulation Statement; \*\*Indicates Homemade Item with Recipe  
1% Milk served to all children over the age of 2; Whole milk served to all children 1-2 years of age

This institution is an equal opportunity provider.