

Wellness Policy Advisory Group
 Agenda 4.21.2016

The Bellingham Promise

We, as a community, make a collective commitment to Bellingham’s children.

We collectively commit that our students are cared for and respected.

We believe the whole child is important

We develop students and graduates who are healthy, active individuals

Meeting norms:

1. We listen with respect
2. We speak with care
3. We presume positive intentions

3-3:10	Welcome & Introductions
3:10-3:40	Wellness Policy Draft Revision: PE Section 1-3-6 exercise <ul style="list-style-type: none"> • Each advisory group member reads the draft of the PE policy section & makes revisions • Members form 6 groups of 3 members and share revisions, consolidating to make one draft per group • Each group combines with another to make a group of 6 people with two drafts; revise to present one complete draft. • Share the three final drafts as a large group
3:45-4:45	Physical Activity Topic: Activity, Summary <ol style="list-style-type: none"> 1. Introduction to strawman draft of Physical Activity topic 2. Common elements exercise: small groups read through one of five sections <ol style="list-style-type: none"> a. Discuss: what is valuable, what is not relevant for Bellingham, what is missing. Note any interesting illustrations or examples from your expertise of each element in action 3. Summary: first group returns to their first section. Explain what the comments are. Estimate how far from a working draft we may be.
4:45	Next Steps & Adjourn May 5, 3-5 pm Nutrition topic <i>Review strawman physical activity draft & come with your recommendations</i>