

## Developing Healthy & Active Individuals

Date: Wednesday, March 18, 2015

Central Services, Room 212

Time: 4:00-6:00



### AGENDA

#### **4:00- Welcome; Fun & Games**

--Jessica Sankey & Melanie Flink

#### **4:30- Presentation of Bellingham Public Schools K-12 Health Education scan of practices**

--Jessica Sankey

Share findings from 3.16.16 Healthy & Active Advisory Group

#### **4:45- Draft Recommendations**

--Healthy & Active Advisory Group Members

1-3-6 Activity

10 minute individual review of "strawman" draft of recommendations

*(Draft built from staff expertise & input from 3.16 Advisory Group meeting)*

10 minute review of suggested revisions in groups of 3

10 minute review of suggested revisions in groups of 6

Presentation to large group of draft recommendations

Discussion of recommendation draft: how far apart are our concerns? Suggestions for prioritizing recommendations?

#### **5:35- Discuss best use of next meeting**

Suggestions:

- OSPI representative available to introduce new WA State K-12 Health Education standards and suggestions for planned implementation
- Build a community resource map: invite community health educators to share their expertise & help us think about how to make best use of local knowledge
- Best practices research: subgroup explore who in the state and/or country is doing a great job with health education. Plan a presentation or field trip.

**Adjourn**