



Developing Healthy & Active Individuals Minutes

Date: Wednesday, May 18, 2016

Central Services, Room 212

Time: 4:00-6:00

Attendees:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Nic Castona, PE, Parkview | <input type="checkbox"/> Robert Knickrehm, Math/Science, Whatcom Middle |
| <input type="checkbox"/> Barbara Cummins, School Nurse | <input type="checkbox"/> Darin Nolan, PE, Bellingham High |
| <input checked="" type="checkbox"/> Melanie Flink, PE, Happy Valley | <input checked="" type="checkbox"/> Julee Pitalo, PE, Whatcom Middle |
| <input checked="" type="checkbox"/> Shannon Flory, Science, Shuksan Middle | <input type="checkbox"/> Katie Powell, PE, Shuksan Middle |
| <input checked="" type="checkbox"/> Doriane Gunnels, PE, Fairhaven Middle | <input checked="" type="checkbox"/> Paula Stratman, Counselor, Happy Valley |
| <input type="checkbox"/> Eric Hofstedt, PE, Sehome High | <input checked="" type="checkbox"/> Jessica Sankey, Director of Wellness |
| <input type="checkbox"/> Kelley Jackson, PE, Squalicum High | <input checked="" type="checkbox"/> Charisse Berner, Director of Teaching & Learning |
| <input checked="" type="checkbox"/> Elizabeth Kealy, 5 th Grade, Lowell | |

Topic	Discussion	Decision
1. Welcome & Introduction	Jessica introduced Amanda Winters, visiting in person, and Laurie Dils who joined us via conference call. Both work for OSPI.	
2. Presentation of WA State Health Education Standards	Amanda and Laurie shared background about the new Washington State Health and Physical Education standards. They are currently in the process of working with districts to plan implementation of the standards.	
3. Implementation Discussion	Discussion about best ways to begin implementation in Bellingham Public Schools, with the advisory group's recommendations and priorities in mind:	

	<ul style="list-style-type: none"> • Consider standardizing 5th grade puberty lesson. Work with community-based health educator to offer lessons rather than relying on school nurses and/or classroom teachers? • Advocate for stand-alone health class in middle school schedule. 	
4. Review Recommendations, Plan for SY 16/17	<p>Recommendations drafted based on discussion from last meeting. Group reviewed, discussed, and agreed to share with superintendent.</p> <p>Discussed committee membership in year to come. Members initially agreed to a 1-, 2-, or 3-year term. Reviewed each (present) member's level of engagement/interest. Will use this as a starting place for soliciting new members next year.</p>	

Summary:

Group moved forward with discussion about offering more robust health learning opportunities at the middle school level. OSPI guests shared new Washington State Health and Physical Education Standards; group discussed implementation steps, especially for middle school.

Next meeting dates: Winter 2017