



## Social & Emotional Learning Curriculum Advisory

### Elementary Team Agenda - Notes

October 4, 2017, 3:00 - 4:30 p.m.

Present: Barbara DelWraa, Molly Foote, Teri Herda, Jodi Kinzel, Haruna Aileen Gardner, Kirke Mahy Hestad, Kari Miller, Analisa Ficklin, Lynn Heimsoth, Ryan Leckie, Anne Granberg, Elizabeth Snyder Weinstein, Darcie Donegan, Trina Hall, Jessica Sankey, Lynn Heimsoth

Members Unable to Attend: Debbie Haney, Diana Gruman, Steve Morse

Minutes: Jessica Sankey

### 3:00 - Welcome & Purpose

Three key topics for the day:

1. Explore criteria that the Collaborative for Academic, Social, and Emotional Learning (CASEL) presents
2. What is important to our group/district?
3. Explore programs for Social Emotional Learning.

Goal: leave the day with criteria we recommend and programs we are interested in exploring further

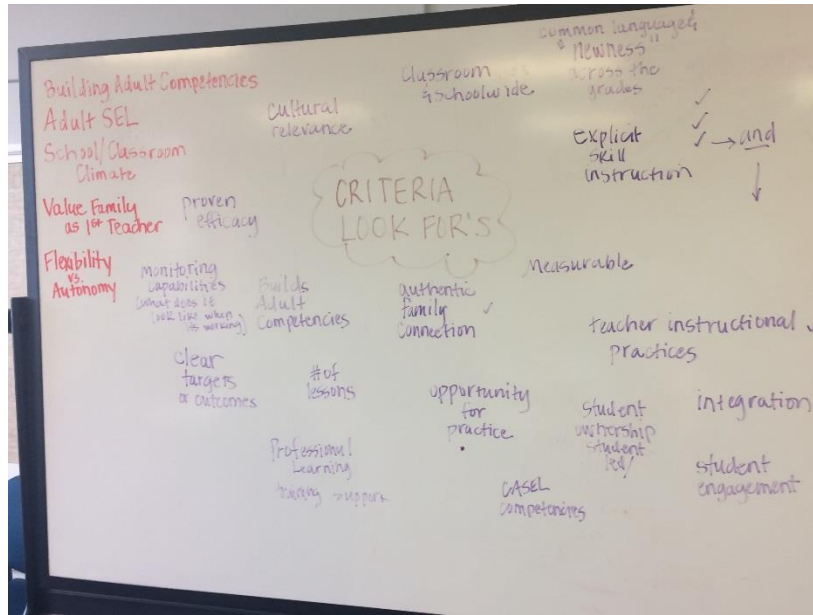
### 3:15 Focus on Criteria

Focus on Criteria -We explored the criteria presented in CASEL's program review work.

What surfaced as priorities?

- Explicit skill instruction
- Teacher instructional practices
- Family connection, but NOT homework—authentic connection—value family as first and best teacher—family as culture
- + Lessons with explicit outcomes or targets – what does this look like when it is working?
- + Add Educator SEL/self-care/needs (building adult competencies)
- Proven efficacy
- Assessment tools

- Opportunities to practice
- Classroom & school wide
- Number of lessons
- + child-centered/driven work/lessons (student ownership)
- +Add cultural relevance
- +Balance between flexibility & fidelity during implementation period
- +Age range—needs to be “new” and engaging across the age span while using common language/in alignment



#### 4:00 - Programs

We began to explore the CASEL guide and the information on middle school programs.

Trina's notes on programs listed on page 8 of Harvard Guide:

- 4Rs
- Caring School
- Character First [in Navigation Social and Emotional Learning from the Inside Out (H/WI) guide, not in CASEL]
- Competent Kids K-5 (in both)
- I can Problem Solve (Pre K -5)
- Mind Up (PreK-8 in both reports)
- Mutt-i-grees:
- We Have Skills (K-3) (has a connection with We Have Choices (MS))
- SECURe (in H/WI, not in CASEL)
- Wise Skills (in H/WI, not in CASEL)

In both guides:

- Paths (K-6; Cleveland)
- Positive Action (P-12)
- RULER K-8 (Kulshan using; Bellevue using 3-5<sup>th</sup> grade, Highline ES)
- Second Step (most widely adopted program P-8)
- Social Decision Making/Problem Solving Program (SDMPSP) (K-8)
- Too Good for Violence (K-8)
- Conscious Discipline & Responsive Classroom – same parent company; school wide program/approach
- Good Behavior Game: not robust program

Locally used in our elementary schools: Kelso's Choices, Zones of Regulation, Restorative Practices, Positive Behavioral Intervention & Supports (PBIS) & Sound Discipline are in use in many schools, as a backdrop to programs or perhaps as a complement to program to implement. Where do these fit in our SEL picture?

List of programs we hope to explore further:

Explicit Instruction Programs from CASEL List:

- Caring School Community
- Tribes Learning Communities
- PATHS
- Social Decision Making/Problem Solving
- MindUp
- RULER
- Competent Kids/Caring Communities
- Second Steps

Other Explicit Instruction Programs to Consider for Review:

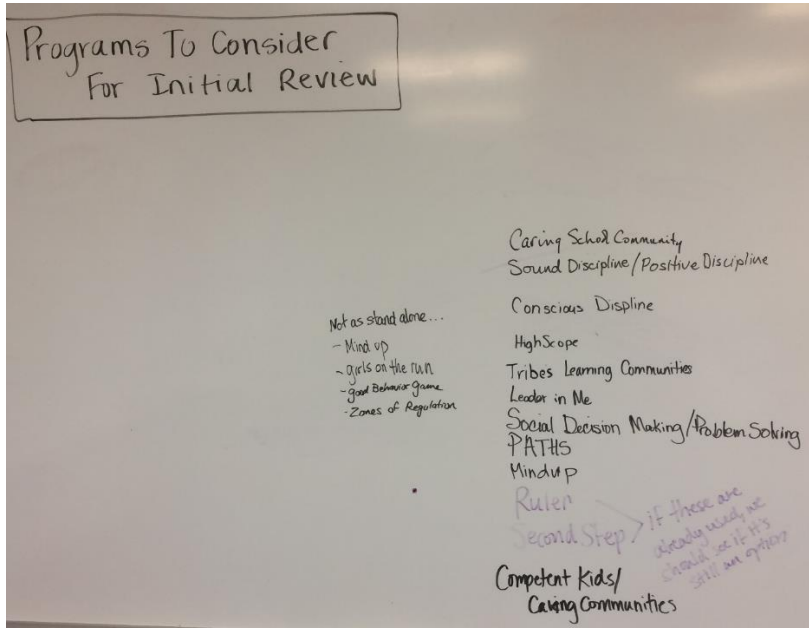
- Harmony SEL
- Ripple Effect

Approaches to Discipline/Instruction/Schoolwide Programs

- Sound Discipline/Positive Discipline
- Highscope
- Conscious Discipline
- Responsive Classroom
- The Leader in Me

### Possible Supplements:

- Mind Up
- Girls on the Run
- Zones of Regulation
- Good Behavior Game



### Additional Information

Favorite article of Trina's, for those interested: (not required reading)

“Choosing to be positive” article: include link <http://www.ascd.org/publications/educational-leadership/sept16/vol74/num01/Choosing-to-Be-Positive.aspx>

### Closing & Next Meeting

Wednesday, October 18, 3:00-4:30 PM, District Office

### Prior to next meeting:

- Prioritize criteria (separate email with quick survey)

Informally learn about programs on the list of programs (below and in body of email). Bring information and feedback to next meeting. We will further explore at that meeting, in an attempt to narrow our choices.

Advisory Membership:

**Elementary Teachers:** Barbara DeWraa (Roosevelt), Molly Foote (King), Teri Herda (Geneva), Jodi Kinzel (Cozier)

**Elementary Counselors:** Haruna Aileen Gardner (Parkview), Kirke MahyHestad (Carl Cozier), Kari Miller (Sunnyland)

**Elementary Principals:** Analisa Ficklin (Cordata), Lynn Heimsoth (Sunnyland)

**Early Learning:** Debbie Haney (District Early Learning)

**Parents:** Anne Granberg (Roosevelt), Elizabeth Snyder Weinstein (Columbia), Cindy Palmer (Kulshan), Jeffrey Hart (Fairhaven)

**Community Partners:** Diana Gruman (WWU), Darcie Donegan (WCC)

**Committee Co-Chairs:** Trina Hall (Director of Teaching and Learning – SEL), Jessica Sankey (Director of Health & Wellness), Steve Morse (Director of Student Services)

Elementary Level Curriculum Advisory Programs to Explore. See what you can learn about the programs in **[BOLD with Links](#)** below. (And, of course, you are welcome to also see what you can learn about the others, but the focus for the next meeting will be learning about the ones in **[BOLD with Links](#)**.)

#### Explicit Instruction Programs from CASEL List:

- **[Caring School Communities](#)**
- **[Mind Up](#)** – Look to see if it is comprehensive enough to be considered for Tier 1 curricula, the main focus is on mindfulness
- **[RULER](#)** - <http://ei.yale.edu/ruler/> - This is currently used at Kulshan MS and in many districts in WA and CASEL districts
- **[PATHS](#)** – The rep sent me the links below.
  - [PATHS Program Preview](#)
  - [PATHS Online Multimedia Presentation](#)
  - [Introduction To PATHS](#)
  - [Why PATHS Is So Easy To Implement](#)
  - [Why PATHS Is The Premiere SEL Curriculum](#)
- **[Social Decision Making/Problem Solving](#)**
- **[Competent Kids/Caring Communities](#)**
- **[Second Step](#)**
- **[Student Success Skills](#)** – five core lessons in one book to teach SSS; separate book for interventions/follow up lessons
- **[Tribes Learning Communities](#)**

#### Other Explicit Instruction Programs to Consider for Review:

- **[Harmony SEL](#)** – This is a free program offered to schools by a founder and funder who has the means. It is not on any of the lists but it gets high reviews from those who have explored it and it is worth our look. Look to see evidence or research.
- **[Zones of Regulation](#)** – currently used in many elementary schools by counselors, and in some places counselors teaching whole class lesson; elementary counselors are asking we review to see if it is comprehensive enough/classroom friendly?
- **[Ripple Effect](#)** – look to see if this can be a stand alone Tier 1 program or if it is a supplement to a Tier 1 program; [https://rippleeffects.com/tools\\_interventions/#early-learners](https://rippleeffects.com/tools_interventions/#early-learners)

*Later we will look at these ...*

#### Approaches to Discipline/Instruction/Schoolwide Programs

- **Sound Discipline/Positive Discipline** – Many schools have taken part in Sound Discipline Training; it is in some ways like an alternative PBIS program, it is an

approach/belief/effective practices related to establishing safe and engaging learning environments and a system of positive response and making discipline an opportunity for learning

- Highscope – this is an approach to learning; includes how a classroom is set up for young learners to be hands on and engaged; and has a strong focus on the role of the adult as facilitator and the student as doer and thinker and problem solver
- Conscious Discipline – the theory behind Responsive Classroom, they go together; this piece is about a schools philosophy on discipline, along the lines of a PBIS system, restorative practices, etc.
- Responsive Classroom – includes Morning Meeting, which many/most schools are implementing; a number of schools are exploring Responsive Classroom as their schoolwide approach/program
- The Leader in Me – currently schoolwide at Silver Beach & Sunnyland

Possible Supplements:

- Mind Up – if not comprehensive enough for stand-alone program
- Girls on the Run – afterschool program
- Good Behavior Game – a game, not necessarily a program