



Social & Emotional Learning Curriculum Advisory

Middle School Team - Notes

January 17, 2018 4:30 p.m. – 5:30 p.m.

Agenda Items	Key Points / Topic / Discussion / Decision
<p>Overview of Meeting & Logistics</p>	<p>Introductions and discussion about where SEL curriculum program would be delivered in MS. A reminder that in a way we are “on hold” until we see if there is a change to the MS schedule, and what that allows for SEL curriculum implementation. Will there be an advisory? Will there be a health class?</p> <p>Either way, we reminded one another that we are looking for a program that can provide a unifying language across the school and be something that is owned by all, and not sitting in one subject area of class. We need to look at more than just a MS curriculum, it needs to be a program that will develop a healthy school wide culture. Our job at this point is to select the top program(s) and then once the structure/schedule is determined we can reconvene to see how it fits within structure – address the who and how for implementation.</p>
<p>Programs Still Exploring</p>	<p>RULER – Trina spoke to RULER program over break. Key component is train the trainer model. Recommend an administrator, a key teacher and a counselor go to training at Yale. Training is 2 days, cost is \$6K includes training and all materials and ongoing support for implementation for the year. Staff would receive 9 hours of training, a small portion of this would be prior to launch (2 hour), the balance would be delivered throughout the first year.</p> <p>Program is usually taught during advisory. Introduces 4 components through 1st four weeks. One per week. Some schools don’t do first 4 weeks in 4 weeks – can be stretched out. If schools don’t have advisory there were examples of different ways to implement. The RULER team will send some examples of infusing anchor tools and concepts. Each week’s instructional also provides ideas for integration into different subject areas.</p> <p>RULER has a component about teaching about your brain that can help learn about decision making. Noted that works well at 6th & 7th but could be repetitive by 8th grade. Could develop a new charter each year. Introduce concepts in 6th grade. How are they reinforced each year? Meta-moment includes brain science, has opportunity to be included in health class and/or science class.</p> <p>Follow up questions for RULER:</p> <ul style="list-style-type: none"> • Scope and sequence ideas for 6, 7, 8 – to keep it new across the grades

	<ul style="list-style-type: none"> • When are trainings offered (2018: March at Yale is full; May in California has space; July at Yale has space) (Also trainings in fall 2018 and throughout the year) <p>MIND-UP has mindfulness component, teaching about your brain that helps develop decision making. There are four units 1) SEL competencies, 2) Neuroscience, 3) Mindfulness, 4) Core Practices. The program would fit nicely in an existing class, such as health. The design though is for it to be schoolwide, taught in an advisory where all staff are teaching it to all students. Frontloaded at beginning of year, then the core practices are used throughout the year. They require a 6 hour training for all staff in order to fully implement the program. They also have a parent component for a 2 hour training for all parents.</p> <p>SUCCESS HIGHWAYS. Grade 6 – 10. Haven’t learned much about this program at this time. Looks like it has a multi-tiered approach. We looked more closely and discovered that this program does not have an outside research evaluation. We took it off the table.</p>
<p>Elementary Recommendation Status</p>	<p>ELED is looking at Caring School Community (CSC) for their curriculum and Sound Discipline to support professional development and developing school culture.</p> <p>There is a middle school component of the CSC curriculum, but it does not match our criteria as well as the others. CSC requires a class meeting (circle in nature) each morning for the first 10 weeks and 1:1 student conferences weekly. The structures do not seem like they would be easily implemented into the structures we currently have at our middle schools. Seems somewhat unrealistic for MS.</p>
<p>Current Thoughts</p>	<p>Thoughts about where we are on curriculum. – Caring School Community has 6-8 years. Based on class meeting structures. Middle level might be more of a change. Doesn’t currently happen in middle schools. Might be further away from current practice than other curricula.</p> <p>RULER might be most integrate-able for MS. Question on how to step it up through 6th, 7th, 8th grade. Seems likely to have better teacher buy-in through the district. RULER could be better as more of a framework curriculum. It has the most potential to develop common practices. RULER has a solid structure that would be easy to modify to fit individual school needs.</p> <p>Whatever we do, how do we monitor & assess if it is effective practice. We have data around attendance, expulsion and also school feedback survey data. Trina will check with program to see how they monitor success.</p> <p>MIND UP – Mind Up would be more difficult to implement as a school wide endeavor – due to the training demands and also the more comprehensive nature of the program. It seems that Mind Up would be a good complement to RULER, and perhaps used in a Health Class, or as a supplement for those who wanted to use it.</p> <p>Trina will talk with the Bellevue SEL Director, as they have had extensive experience now with each of these programs.</p>

	Need to consider readiness of each middle school with the 1:1 technology implementation taking place next year at 3 of the 4 schools. Perhaps Kulshan would be ready to pilot and then the other three schools implement the fall of 2019, with training to take place at Yale in Winter or Spring 2019.
Next Steps	Next meeting is January 31 st .