



# LGBTQ+ Providers and Resources Whatcom County



“WAH” = WA Apple Health Medicaid “OON” = Out-of-Network

“Notes” section contains info directly from provider’s page or secondary profiles

- The providers and resources on this list were recommended by members of the LGBTQ+ Community, but further feedback on their services would be appreciated. To provide feedback or add a resource to this list, please contact The Whatcom LGBTQ+ Coalition at 360-389-3502 or whatcomlgbtq@outlook.com.
- It is best to call and ask the provider you want to see about their payment options. If you have insurance, call and ask the company if your provider is preferred or covered.
- If you plan to pay for services with insurance, prior to beginning therapy please contact your insurer to clarify your coverage benefits and any out-of-pocket expense you may have

Provider	Contact Info	Payment Accepted	Notes
<b>Danae Armstrong, MA, LMHC</b> <i>Northwest Behavioral</i>	3031 Orleans St, Ste 101 Bellingham, WA 98226 360-350-5516 or 360-392-2838 <a href="http://nwbehavioral.org">nwbehavioral.org</a>	Beacon, BlueCross/BlueShield, Community Health Plan, First Choice Health, Kaiser, Molina (WAH), Optum, Premera, Regence, UnitedHealthcare (WAH), OON	Trauma and PTSD, Life Transitions, Mood Disorders, Self Esteem, Self-Harming, Sexual Abuse, Stress, Suicidal Ideation, Transgender, Women’s Issues
<b>Jonathan Boudin, LMHC</b> <i>Lighthouse Counseling</i>	1329 Lincoln St, #2 Bellingham, WA 98229 360-922-2308 <a href="http://lighthousecounselingbham.com">lighthousecounselingbham.com</a>	Aetna, First Choice Health, Group Health, Healthcare Management Administrators, Kaiser Permanente, Molina (WAH), Optum, OON	Trauma and PTSD, Child or Adolescent, Relationship Issues, Transgender, Anxiety, Coping Skills, Depression, Developmental Disorders, Domestic Abuse
<b>Denise Castro, PsyD</b> <i>Pacific Harbor Psychology</i>	801 Samish Way Bellingham, WA 98229 360-255-2505 ext. 115 <a href="http://pacificharbor.org">pacificharbor.org</a>	BlueCross/BlueShield, First Choice Network, Healthcare Management Administrators, Labor & Industries, LifeWise of Washington	Depression and Anxiety, Grief and Loss, Adjustment to Life Transitions, Personal Growth, Relationship Issues, Couples Therapy, LGBTQ, Trauma
<b>Caitlin Cavanaugh, LMHC</b> <i>King Health Associates</i>	21 Bellwether Way, Ste 107 Bellingham, WA 98225 360-329-2055 <a href="http://kinghealthassoc.com">kinghealthassoc.com</a>	Aetna, Beacon Health Options, BlueCross/BlueShield, Cigna, First Health Choice, Healthcare Management Administrator, Kaiser PPO, Kaiser HMO Core, Managed Health Network, Premera, UnitedHealthcare, LifeWise	Trauma, Eating Disorders, Body Image Issues, Anxiety and Depression, Identity Development, Women’s Issues, Gender Identity, Self-Harm, Sexual Issues, Self-hatred and Shame
<b>Melanie Cool, MA, LMHC</b> <i>Lutheran Counseling Network</i>	2600 Lakeway Dr Bellingham, WA 98229 360-715-2166 <a href="http://www.lutherancounseling.net/melanie-cool">www.lutherancounseling.net/melanie-cool</a>	Most insurance accepted	Grief, Disabilities, Chronic Pain, Stress, Anxiety and Depression, Relationship Issues
<b>Barbara Durdle, M.Ed</b> <i>Kulshan Counseling Group</i>	12 Bellwether Way, #211 Bellingham, WA 98225 241-961-5097 <a href="http://kulshancounseling.com">kulshancounseling.com</a>	BlueCross/BlueShield, First Choice Health, Kaiser (OON), LifeWise of Washington, Premera, OON	Anxiety and Depression, Relationship Issues, Codependency, Divorce, Domestic Abuse, Grief, Self Esteem, Transgender, Trauma and PTSD



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<p><b>Amaris Espinosa, LMHCA, ATR</b></p>	<p>1106 Harris Ave, Ste 204 Bellingham, WA 98225 970-458-7287</p>	<p>Verify your health insurance coverage when you arrange your first visit.</p>	<p>Trauma and PTSD, Women's Issues, Stress, Bisexual, Gay, Lesbian, Sleep or Insomnia, Spirituality, Transgender, Weight Loss</p>
<p><b>Emily Foister, LMHC, CDP</b> <i>Northwest Behavioral</i></p>	<p>3031 Orleans St Bellingham, WA 98226 360-392-2838 <a href="http://nwbehavioral.org">nwbehavioral.org</a></p>	<p>Aetna, Anthem, Beacon, BlueCross/BlueShield, GEHA, Molina, Optum, Premera, Regence, Sliding Scale, OON</p>	<p>Anxiety, Addiction, Women's Issues, Bisexual Allied, Gay Allied, HIV/AIDS Allied, Lesbian Allied, Self Esteem, Stress, Transgender, Trauma and PTSD</p>
<p><b>Karen Hansey, MA, LMHC</b> <i>Kulshan Counseling</i></p>	<p>12 Bellwether Way, Ste 211 Bellingham, WA 98225 360-393-7552 <a href="http://kulshancounseling.com">kulshancounseling.com</a></p>	<p><i>If you plan to pay for services through insurance, please check with your insurer prior to beginning therapy so that you understand your coverage and any out-of-pocket expense you may have.</i></p>	<p>Sexual Abuse, Mood and Anxiety Disorders, Chronic Medical Conditions, Grief and Loss, Adoption Issues, LGBTQ</p>
<p><b>Elizabeth Foster Heckman, LMHC</b> <i>Accent Counseling</i></p>	<p>1303 Commercial St, Ste 4 Bellingham, WA 98225 360-602-1991 <a href="http://accent-counseling.com">accent-counseling.com</a></p>	<p>Aetna  <i>(More insurance plans coming soon)</i></p>	<p>LGBTQ+ Issues, Life Transitions, Relationship Concerns, Women's issues</p>
<p><b>Jupe Johnson, MA, LMHC</b> <i>Associates in Mental Health Lodestar Counseling</i></p>	<p>119 N Commercial St, Ste 415 Bellingham, WA 98225 360-303-6294 <a href="http://lodestarcounseling.com">lodestarcounseling.com</a></p>	<p>Aetna, BlueCross/BlueShield Group Health, Cigna, First Choice, Group Health, Regence</p>	<p>Adult, ADD and ADHD, Emotional Intimacy, LGBT, Life Transitions, Sexuality Issues, Young Adult Guidance</p>
<p><b>Lucas Koole, LMHC, CDPT</b></p>	<p>1106 Harris Ave, #206 Bellingham, WA 98225 616-443-8785 <a href="mailto:koolecounseling@gmail.com">koolecounseling@gmail.com</a></p>	<p>First Choice Health, Regence, OON</p>	<p>Relationship Issues, Depression, Sexual Addiction, Stress, Substance Abuse, Bisexual Allied, Gay Allied, Lesbian Allied, Transgender Allied</p>
<p><b>Stephanie McDonald, LMHC</b> <i>Heart Listening Therapy</i></p>	<p>1012 Dupont St Bellingham, WA 98225 360-215-3672 <a href="mailto:heartlisteningtherapy@gmail.com">heartlisteningtherapy@gmail.com</a></p>	<p>Aetna, Cascade Care Centers EAP, Cigna (OON), First Choice Health, First Choice Health-EAP, Kaiser, Optum-EAP, Regence, Regence-HMA</p>	<p>Self Esteem, Grief, Women's Issues, Anxiety and Depression, Body Image (Health at Every Size), Coping Skills, Bisexual, Gay, Lesbian</p>



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<b>Sonia Rae, MA, LMFT, MHP</b>	1229 Cornwall Ave, Ste 201 Bellingham, WA 98225 360-982-7872 <a href="http://soniaraetherapy.com">soniaraetherapy.com</a>	Beacon, First Choice Health, HMAA, Kaiser (OON), LifeWise, Optum, Premera, Regence, UnitedHealthcare, OON	Parenting, Relationship Issues, Family Conflicted, Bisexual Allied, Gay Allied, Lesbian Allied, Transgender Allied, Substance Abuse, Transgender, Trauma and PTSD, Women's Issues
<b>Cynthia, Stentz, MA</b>	203 W Holly St, #320 Bellingham, WA 98225 360-738-1597	BlueCross/BlueShield, EBMH, First Choice Health, GHI, LifeWise, Premera, Regence, Uniform, ValueOptions, OON, Sliding Scale	Anxiety and Depression, Trauma and PTSD, Bisexual Allied, Gay Allied, Lesbian Allied, Relationship Issues, Self Esteem, Sexual Abuse, Suicidal Ideation, Transgender
<b>Marcel Van Eerd, PsyD</b> <i>Authentic Transformations, LLC</i>	1112 11th St, Ste 301 Bellingham, WA 98225 360-255-7073 <a href="http://www.authentictransformations.com">www.authentictransformations.com</a>	Aetna, Cigna, Kaiser Permanente, Premera, Regence, TRI West, OON	Anxiety and Depression, Trauma and PTSD, Bisexual, Gay, Lesbian, Self Esteem, Suicidal Ideation, Transgender, Loss, Life Changes, Personal Development
<b>April Mullen, MA, LMHC</b> <i>Bloom Therapy and Wellness</i>	103 E Holly St, #522 Bellingham, WA 98225 360-810-5656	Aetna, Cigna, Sliding Scale	Grief, Women's Issues, Trauma and PTSD, Stress, Suicidal Ideation, Transgender
<b>Catherine Webb, PhD, LMHC</b>	909 Harris Ave Bellingham, WA 98225 405-361-2162	Aetna, Beacon, BlueCross/BlueShield, Cigna, Health Choice, Holman Group, Meridian, UnitedHealthcare, ValueOptions, OON, Sliding Scale	Anxiety and Depression, Women's Issues, Transgender, Bisexual, Gay, Lesbian, Bipolar Disorder, Divorce, Grief
<b>Megan West, LMHCA</b>	1200 Dupont St, #3H Bellingham, WA 98225 360-305-8252 <a href="http://meganwestcounseling.com">meganwestcounseling.com</a>	Sliding Fee Scale, NO Insurance Accepted	Anxiety and Depression, Trauma and PTSD, Bisexual, Gay, Lesbian, Spirituality, Stress, Transgender
<b>Rebecca McClinton, LMHC</b> <i>Compass Health</i>	3645 E McLeod Rd Bellingham, WA 98226 360-676-2220 <a href="http://www.compasshealth.org">www.compasshealth.org</a>	Medicaid, Sliding Fee Scale	Anxiety and Depression, Trauma, Development Disabilities

*If seeking Trans\* Providers and Resources, please continue to the next page.*

*If seeking Support Services, please continue further.*



## LGBTQ+ Providers and Resources Whatcom County

### Trans\* Providers and Resources

Provider	Contact Info	Payment Accepted	Notes
<b>Jenny Arm, PhD</b> <i>(they, them)</i>	119 N Commercial St, Ste 1410 Bellingham, WA 98225 360-746-6418 <a href="http://jenniferarm.com">jenniferarm.com</a>	BlueCross/BlueShield, First Choice Health, LifeWise, Regence, Premera	Trauma, Gender Diversity; Serving the trans community including assistance with transition; Mental Health topics for lesbian, gay, and bisexual individuals and/or those questioning or grappling with their sexual orientation
<b>Jennifer Bayer, PhD</b>	1140 10th St, Ste 203 Bellingham, WA 98225 360-319-9930 <a href="http://jenniferbayerphd.wixsite.com/rooted">jenniferbayerphd.wixsite.com/rooted</a>	Private Pay, Sliding Fee Scale	Chronic Pain, Mood Disorders, Trauma and PTSD, Body Positivity, Queer Allied, Transgender Allied, Veterans
<b>Rives Thornton, MS, LMHC</b> <i>Impact Therapy</i>	4945 Mission Rd Bellingham, WA 98226 304-451-0634	Aetna, Anthem, BlueCross/BlueShield, CareFirst, Optum, Premera, Regence, UnitedHealthcare	Anxiety, Relationship Issues, Men's Issues, Women's Issues, Transgender, Trauma and PTSD, Weight Loss
<b>Cherika Ashman, LICSW</b>	1155 N State St, Ste 317 Bellingham, WA 98225 206-419-0977 <a href="mailto:allswessessions@gmail.com">allswessessions@gmail.com</a>	Private Pay, Sliding Fee Scale	Trauma and PTSD, Anxiety, Substance Abuse, Bisexual, Gay, Lesbian, Self Esteem, Self-Harming, Suicidal Ideation, Relationship Issues
<b>Mark Dooley, MA, MES, LMHC, CMHS</b>	1116 Key St, Ste 105 Bellingham, WA 98225 360-303-0695 <a href="http://markdooley68.com">markdooley68.com</a>	Aetna, BlueCross/BlueShield, First Choice, Kaiser Permanente, LifeWise, Premera, Regence	Native American, LGBT populations, HIV positive, Homeless Youth, Suicide Prevention, Foster and Adoptive Families, Trauma Survivors, Infidelity, Medical Psychotherapy, Interpersonal Neurobiology, Mental Health Assessments, Legal Testimony
<b>Kara Eads, LMHC</b>	1313 E Maple St, #214 Bellingham, WA 98225 360-922-4747 <a href="http://karaeadscounseling.com">karaeadscounseling.com</a>	Aetna, BlueCross/BlueShield, First Choice, Kaiser, LifeWise, Medicare, Molina, Premera, Regence	Bisexual Allied, Body Positivity, Gay Allied, HIV/AIDS Allied, Intersex Allied, Lesbian Allied, Non-Binary Allied, Open Relationships and Non-monogamy, Queer Allied, Sex Worker Allied, Sex Positive and Kink Allied, Transgender Allied



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<p><b>Cheryl Enstad, MSW, LICSW</b></p>	<p>1155 N State St, Ste 326 Bellingham, WA 98225 360-296-5693 <a href="http://cherylenstadcounseling.com">cherylenstadcounseling.com</a></p>	<p>Aetna, BlueCross/BlueShield, First Choice, Kaiser, LifeWise, Medicare, Molina, Premera, Regence</p>	<p>“Advanced training and experience supporting trans women and men, parents and their LGBTQ children. I believe in informed consent, support ICATH, am very familiar with WPATH and insurance requirements for support letters.”</p>
<p><b>Kate Haskell, MA LMHC, NCC</b></p>	<p>Pacific Harbor Psychology, Psychiatry &amp; Psychotherapy 801 Samish Way, Bellingham, WA 98229 360-255-2505 extension 107</p>	<p>First Choice Network, HMA, Kaiser Permanente, Lifewise of Washington, Premera Blue Cross, Regence Blue Shield</p>	<p>Depression and Anxiety, Life Change Transitions, Grief and loss, Problems of childhood and adolescence, Women’s issues, Infertility/Pregnancy loss, Traumatic experiences, Transgender/LGBTQ issues</p>
<p><b>Kelly Waibel, MS, BS</b> <i>Compass Health</i></p>	<p>3645 E McLeod Rd Bellingham, WA 98226 360-676-2220</p>	<p>Medicaid, Sliding Fee Scale</p>	<p>Anxiety and Depression, Trauma, Transgender</p>
<p><b>Tara Ettlin, MS, LMHC</b> <i>Bayside Therapy</i></p> <p><i>*Specializing in serving the Latinx population and Spanish-speakers</i></p>	<p>119 N Commercial St, Ste 335 Bellingham, WA 98225 360-734-7310 x4515 <a href="http://baysidetherapy.com">baysidetherapy.com</a></p>	<p>Contact your insurance company or Bayside office to find out which provider is covered by which insurance</p>	<p>Depression and Mood Problems, Anxiety, Stress, Women’s Issues, Self Esteem and Body Image Concerns, Post-partum Depression, Adjustment and Interpersonal Conflicts, Grief and Loss, Gender Identity and Gender Dysphoria, Developing Mindfulness Skills</p>
<p><b>Vermeda Fred, MFT, MFA</b></p>	<p>1715 C St Bellingham, WA 98225 415-518-4321 <a href="http://www.vermedamfredmft.com">www.vermedamfredmft.com</a></p>	<p>Aetna, Anthem, BlueCross/BlueShield, First Choice, LifeWise, Kaiser, Premera, Regence</p>	<p>Anxiety and Depression, Eating Disorders, Aviation Professionals, Cancer, Bisexual Allied, Gay Allied, HIV/AIDs Allied, Lesbian Allied, Transgender Allied, Veterans</p>
<p><b>Jennifer Given-Helms, MSW, LSWAIC</b> <i>Finding Center Counseling and Wellness</i></p>	<p>2215 Elm St Bellingham, WA 98225 360-510-1211 <a href="http://www.findingcentercounseling.com">www.findingcentercounseling.com</a></p>	<p>Private Pay ONLY</p>	<p>Child or Adolescent, Transgender, Relationship Issues, Divorce, Marital and Premarital, Open Relationships, Parenting, School Issues, Self Esteem, Self-Harming, Sex Therapy, Trauma and PTSD</p>
<p><b>Amanda Hare, MA, LMHC</b> <i>Heart Centered Counseling</i></p>	<p>1101 Harris Ave, Ste 26 Bellingham, WA 98225 360-224-3601 <a href="http://www.amandaharetherapy.com">www.amandaharetherapy.com</a></p>	<p>Private Pay, Sliding Fee Scales</p>	<p>Relationship counseling, Eating Disorders &amp; Body Image, Life Transition Support, Anxiety and Depression, Personal Development, Mind/Body/Spirit Embodiment Practices, Gender and Sexuality: LGBTQ</p>



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<p><b>Pamela Helberg, LMHCA</b></p>	<p>1101 Harris Ave, #27 Bellingham, WA 98225 360-303-0671 <a href="http://www.therapywithpamh.com">www.therapywithpamh.com</a></p>	<p>Molina ONLY</p>	<p>Adoption, Alzheimer's Disease, Anxiety, Self Esteem, Spirituality, Stress, Women's Issues, Gay Allied, Lesbian Allied, Racial Justice Allied, Transgender Allied</p>
<p><b>Alana Karsch, LMHC</b> <i>WorldWithWings Counseling</i></p>	<p>1344 King St, Ste 204 Bellingham, Washington 98229 360-529-3440 <a href="http://www.worldwithwingscounseling.com">www.worldwithwingscounseling.com</a></p>	<p>Kaiser Permanente, Molina, UnitedHealthcare, Sliding Scale available based on need</p>	<p>Gender Transition, LGBTQ Concerns, Loss/Grief Concerns, Mind/Body/Somatic Therapies, Relationship Concerns, Self Esteem, Stress Management, Transgender Concerns</p>
<p><b>Kathleen Thorndike, LICSW</b> <i>Mindful Change Counseling</i></p>	<p>1229 Cornwall Ave, Ste 212 Bellingham, WA 98225 360-510-4807 <a href="http://mindfulchangecounseling.com">mindfulchangecounseling.com</a></p>	<p>Premera, Regence, UnitedHealthcare</p>	<p>Transgender, Anxiety and Depression, Trauma and PTSD, Dual Diagnosis, Grief, OCD, Relationship Issues, Self Esteem</p>
<p><b>Morgan Mitchell, MA</b> <i>Regeneration Center</i></p>	<p>1108 11th St, #304 Bellingham, WA 98225 360-733-1922 <a href="http://www.regencenter.com">www.regencenter.com</a></p>	<p>Aetna, Community Health Plan of Washington, BlueCross/BlueShield, First Choice, Health Net, Kaiser Permanente, Molina, Regence</p>	<p>Sexual Abuse, Transgender, Trauma and PTSD, Anxiety and Depression, Bipolar Disorder, Codependency, Coping Skills, Family Conflict, Life Transitions, Peer Relationships, Relationship Issues, Self Esteem</p>
<p><b>Claire Mannino, MS, LMHC, NCC</b> <i>Claire Mannino Counseling Services</i> <i>*Informed consent model when working with clients accessing gender confirming medical procedures</i></p>	<p>203 W Holly St, #331 Bellingham, WA 98225 360-224-5334 (text) bellinghamcounseling.org</p>	<p>Cigna, Group Health, Group Health Transgender Case Management Plan, Molina, Regence, UnitedHealthcare, Limited Sliding Fee Scale</p>	<p>Gender Identity Issues, Queer, Transgender, Gender Variant, Gender Queer Individuals, Teen Pregnancy, Teen/Young Adult Counseling, LGBTQ Teens/Young Adults, Addictions, Alternative Relationships and Kind</p>
<p><b>Alicia Rule, LICSW</b></p>	<p>909 Harris Avenue, Suite 201E Bellingham, Washington 98225 360-595-8032</p>		<p>Depression and anxiety Trauma &amp; PTSD Relationships/Couples</p>
<p><b>Erin Stockhausen, LMHC</b> <i>Compass Health</i></p>	<p>3645 E McLeod Rd Bellingham, WA 98226 360-676-2220 <a href="http://www.compasshealth.org">www.compasshealth.org</a></p>	<p>Medicaid, Sliding Fee Scale</p>	<p>Identity Development, Nutrition Counseling, Trauma, Anxiety and Depression</p>



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<b>R. Chris Turner, LMHC</b> <i>Accent Counseling</i>	1303 Commercial St, Ste 4 Bellingham, WA 98225 360-602-1991 <a href="http://accent-counseling.com">accent-counseling.com</a>	Aetna, First Choice, Kaiser Permanente PPO/HMO/Core, Optum/United Employee Assistance Program, Regence, UnitedHealthcare (UHC Community Plan not accepted)	Anxiety and Depression, Life Transitions, Relationship Issues, Self Esteem, Self-Harming, Stress, Suicidal Ideation, Transgender, Trauma and PTSD
<b>Sage Willis, PhD, PLLC</b> <i>Sendan Center</i>	1616 Cornwall Ave, Ste 100 Bellingham WA, 98225 360-305-3275 <a href="http://www.sendancenter.com">www.sendancenter.com</a>	BlueCross/BlueShield, Kaiser Permanente, LifeWise, Premera, Regence	Transgender, Gay, Lesbian, Anxiety and Depression, Bipolar Disorder, Grief, Life Transitions, Racial Identity, Relationship Issues
<b>Lisa Zawacki, LMHC</b>	103 E Holly St, Ste 522 Bellingham, WA 98225 360-255-9363	Aetna, BlueCross/BlueShield, Healthcare Administrators, GEHA, First Choice Health, Meritain, Optum, Providence, Regence, UnitedHealthcare, UMR, Uniform	Anxiety and Depression, Bipolar Disorder, Life Transitions, Racial Identity, Relationship Issues, Stress, Transgender, Trauma and PTSD
<b>Jena M. Lopez, MD</b> <i>Northwest Trans Youth Clinic</i> <i>Mt Shuksan Family Medicine</i>	2101 Cornwall Ave, Ste 101 Bellingham, WA 98225 360-647-1900 <a href="http://transyouthclinic.com">transyouthclinic.com</a>	Aetna, BlueCross/BlueShield, Cigna, First Choice Network, HMA, Group Health, Kaiser Permanente, Molina, Premera, Regence, SoundPath Health, UnitedHealthcare	Provider of puberty blockers and cross sex hormone treatment for trans and queer people
<b>John Tilley Jr., MD</b> <i>Unity Care</i>	220 Unity St Bellingham, WA 98225 360-676-6177	Aetna, Community Health Plan, Kaiser Permanente, Medicare, Molina, Regence	Medical provider for Trans* people
<b>Sean G. Triaffican, MD</b> <i>Mt Baker Planned Parenthood</i>	1530 Ellis St Bellingham, WA 98225 360-734-9095	All Insurances Accepted, Sliding Fee Scale	Education, Hormone Therapy, Resources, Service Referrals
<b>Rebecca McClinton, LMHC</b> <i>Compass Health</i>	3645 E McLeod Rd Bellingham, WA 98226 360-676-2220 <a href="http://www.compasshealth.org/">www.compasshealth.org/</a>	Medicaid, Sliding Fee Scale	Anxiety & Depression, Trauma, Developmental Disability

*If seeking Support Services, please continue to the next page.*



## LGBTQ+ Providers and Resources Whatcom County

### Support Services

Resource	Contact Info	Payment Accepted	Notes
<b>Catalyst Therapies</b>	23 Bellwether Way, Ste 102 Bellingham, WA 98225, 360-389-3468 <a href="http://catalysttherapies.org">catalysttherapies.org</a>	Private Insurance, WA Apple Health (call and ask about Molina, Coordinated Care), CHPW, Private Pay	Safe space and affordable 1:1 class Transgender Voice Training Physical Therapy Occupational Therapy
<b>Center for Gender Sanity</b>	PO Box 30313 Bellingham, WA 98228 360-398-2878 <a href="http://gendersanity.com/index.html">gendersanity.com/index.html</a>	N/A	Diversity training specifically on transgender issues for all levels of management and workers. Support and resources for transitioning
<b>Gay, Lesbian, Bisexual, Transgender (GLBT) National Hotline</b>	1-888-843-4564 (24/7) <a href="http://glbthotline.org">glbthotline.org</a>	N/A	Family support groups, events, individual support, education, etc.
<b>Gender Diversity</b>	1-855-4GENDER <a href="http://www.genderdiversity.org/">www.genderdiversity.org/</a> <a href="mailto:info@genderdiversity.org">info@genderdiversity.org</a>	N/A <i>We screen all group participants. Please schedule your intake call today at <a href="mailto:info@genderdiversity.org">info@genderdiversity.org</a>. During the call, you will receive additional information, including meeting locations.</i>	<b>1st Sundays 3:30 – 5:30 pm</b> Parents of Trans, Gender-diverse Youth Kids Play Group Teens Group (ages 15 – 20) <b>2nd Sundays 3:30 – 5:30 pm</b> Parents of Adult-age Children
<b>The Ground Floor NW Youth Services</b>	First Congregational Church of Bellingham 2401 Cornwall Ave Bellingham, WA 98225 360-734-9862 Ext. 137.	N/A	A day-use center for at-risk, runaway and homeless youth ages 24 and under. At the Ground Floor youth can connect with supportive adults, receive basic needs items such as food, clothing and gear for sleeping outside and connect with other resources that will help them end their experience of homelessness.
<b>LGBTQ+ Western L.K. Langley, Director (they/them/theirs)</b>	Old Main 563A Bellingham, WA 98229 (360) 650-7500 <a href="mailto:L.K.Langley@wwu.edu">L.K.Langley@wwu.edu</a>	N/A	LGBTQ+ Western works to advance the holistic thriving of diverse LGBTQ+ students, faculty and staff at Western Washington University by collaboratively engaging the university community with transformational knowledge, resources, advocacy and celebration.





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<b>DVSAS (Domestic Violence and Sexual Assault Service) Spectrum Support Group</b>	1407 Commercial St Bellingham, WA 98225 (360) 671-5714 <a href="http://www.dvsas.org/support-groups/">www.dvsas.org/support-groups/</a>	Free  <i>Please call the 24-hour helpline for referral and information.</i>	A safe and confidential group for LGBTQ+ survivors to receive support and learn about the effects of domestic violence and sexual assault.  Free to attend and open to anyone under the LGBTQ+ umbrella who has experienced abuse, whether recently or in the past.
<b>Kaiser Permanente: Gender Health Program</b>	Gender Health Case Management Program: 1-866-656-4183 Gender Health Appointing Line: 206-630-1929 Member Services: 1-888-901-4636	Contact Kaiser Permanente to check plans coverages  <i>To enroll, or for questions about the process or coverage, call 1-866-656-4183</i>	The gender health program strives to deliver quality gender-affirming care with dignity and sensitivity.  Teams include specialists in case management services, primary care, adolescent medicine, plastic surgery, obstetrics/gynecology, urology, behavioral health, and speech therapy.
<b>Mount Baker Planned Parenthood</b>	1530 Ellis St Bellingham, WA 98225 360-734-9095 <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>	WA Apple Health, Private Insurance, Payment Plans may be available	Drop-in center, Education, Hormone Therapy for Transgender Patients, Resources, Service Referrals, Support Groups, and more
<b>Northwest Youth Services</b>	1020 N State St Bellingham, WA 98225 360-734-9862 <a href="http://www.nwys.org/">www.nwys.org/</a>	Non-Profit	Free queer-affirmative counseling for youth and families. Positive and health social activities for LGBTQ youth and allies. School based supports including trainings and consultations for adults. Youth support. Homeless support.
<b>Whatcom PFLAG</b>	PO BOX 28704 Bellingham, WA 98227 360-255-3408 <a href="http://www.whatcompflag.org/">www.whatcompflag.org/</a>	Non-Profit	Overall wellbeing of LGBTQ populations, connection services, events, resources, and support
<b>WWU Speech and Language Clinic</b>	AIC East, Speech-Language-Hearing Clinic (360) 650-7379 <a href="https://chss.wwu.edu/csd/clinics">https://chss.wwu.edu/csd/clinics</a>	Free	"Serves individuals across the gender spectrum who wish to modify their communication to be more in alignment with their gender identity."
<b>PFLAG Support Group</b> <i>Held at Community Food Co-op Bakery</i>	405 E Holly St Bellingham, WA 98225 360-255-3408 <a href="http://www.whatcompflag.org/">www.whatcompflag.org/</a>	Free	First Sunday of every month from 5-7pm  Drop by to hang out, find support, and enjoy free pizza!



## LGBTQ+ Providers and Resources Whatcom County

<p><b>Queer Resource Center at WWU</b>  <i>*This resource is for students</i></p>	<p>516 High St, Viking Union 515          Bellingham, WA 98225  <a href="http://as.wvu.edu/qrc">as.wvu.edu/qrc</a></p>	<p style="text-align: center;">Free</p>	<p>Provides non-judgmental and unbiased programs, safe space and resources to both students who identify as queer and their allies</p>
<p><b>Sean Humphrey House</b></p>	<p>1630 H St          Bellingham, WA 98225          360-733-0176  <a href="http://www.seanhumphreyhouse.org">www.seanhumphreyhouse.org</a></p>	<p style="text-align: center;">Non-Profit</p> <p style="text-align: center;">Call directly for information on room availability and further resources</p>	<p>Mission: to optimize the quality of life for low-income individuals living with HIV/AIDS, who may also suffer from other diseases and disabilities, and who are unable to live independently.</p>
<p><b>Trans Lifeline</b></p>	<p>1-877-565-8860   <a href="http://translifeline.org">translifeline.org</a></p>	<p style="text-align: center;">Free</p>	<p>Grassroots hotline and microgrants organization offering direct emotional and financial support to trans people in crisis - for the trans community, by the trans community.</p>
<p><b>Trevor Project</b></p>	<p>1-866-488-7386 (24/7)   <a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a></p>	<p style="text-align: center;">Free</p>	<p>Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24</p>
<p><b>Washington Gender Alliance Support Group</b></p>	<p>St. James Presbyterian Church          910 14th St          Bellingham, WA 98225  <a href="http://washingtongenderalliance.com">washingtongenderalliance.com</a></p>	<p style="text-align: center;">Free</p>	<p>Community-oriented, peer-facilitated, open support group for people who are transgender, gender variant or whose lives may be directly or indirectly involved with a transgender or gender variant person.</p>

