

After-School Snack Program 2021-22



DAY	SNACK	ALLERGENS	NUT-FREE (confirmed)	CARBS
Monday	Cheese, reduced fat colby jack blend, individually wrapped	Milk	Nut-free	0 g
	Apples, fresh	None	Nut-free	14 g
Tuesday	Sunflower seeds	None	Nut-free	11 g
	Oranges, fresh	None	Nut-free	11 g
Wednesday	Whole grain graham crackers, cinnamon	Wheat	Nut-free	19 g
	Apples, fresh	None	Nut-free	14 g
Thursday	Crackers, pretzel salted	Wheat	Nut-free	23 g
	String cheese, mozzarella	Milk	Nut-free	0 g
Friday	Multigrain chips, cheddar	Milk, Wheat	Nut-free	19 g
	Oranges, fresh	None	Nut-free	11 g