

Date

Dear Middle School Families,

I want to share information with you about the Human Growth and Development and HIV lessons that we will be teaching your middle schooler this spring. Washington state [requires](https://bellingshamschools.org/families/academics/curriculum/health-education/) HIV/AIDS prevention education for all students beginning no later than fifth grade. Families are often curious about the materials and information that will be shared with students. Our PE teachers teach specific lessons which can be previewed here <https://bellingshamschools.org/families/academics/curriculum/health-education/>.

In school, we strive to give students the basic information they need to keep themselves healthy as they grow. Beyond what happens in the classroom, the most valuable learning children experience about these important personal topics often happens with their families. We hope that you take this opportunity to look over these lesson plans and let us know how we can support you in having important ongoing conversations with your children.

As always, families may opt their child out of these Human Growth and Development & HIV/AIDS lessons. Please let your child's PE teacher know in writing if that is your choice.

Signed by principal

Sincerely,

(School Name) Elementary School